

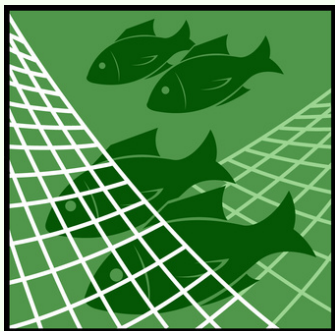


We are a welcoming Christian community which embraces all people.
We support each other to grow in faith and create a loving and compassionate community.
We aspire to live as Christ's witnesses of God's unconditional love.

We are committed to
being a Child-Safe
Community

THIRD SUNDAY IN ORDINARY TIME 25 - 1 -26

This week: Is 8:23-9:3, 1 Cor 1:10-13,17, Mt 4:12-23
Next week: Zeph 2:3, 3:12-13, 1 Cor 1:26-31, Mt 5:1-12



Today's Gospel contains the key New Testament word 'Repent',
a translation of the Greek word *metanoia*
which literally means a **change of heart**.

It points us to a key quality required of a disciple of Jesus:

the willingness *to change*;
the willingness *to be open*;
the willingness *to re-consider*;

the willingness to accept that *our* way of doing things and seeing things
may not be the *only* way of seeing things, or the best way.

'Change your heart.'
'Change your mind.'

Two things we may not be so willing to do. But two things which are at the heart of discipleship.

Fr Colin

MASS FOR AUSTRALIA DAY MONDAY 26TH JANUARY

There will be no 8am
Mass on Australia Day.
The special Mass for
our national day will be
at **10am** at our **Killara
church**.



After Mass there will be an Australia
Day morning tea in St Joseph's Hall.

BOOKING LINK

events.humanitix.com/2026-reconciliation

For more info contact Maia Schulze on maia@lindfieldkillara.org.au

2026

ENROLMENTS NOW OPEN



First
Reconciliation

DIARY DATES

Parent Meeting Tue 10 Feb 7pm

Session 1 Sun 15 Feb 4.45pm
+ Rite of Enrolment

Sessions 2 Sun 22 Feb 9am
+ Rite of Peace

Session 3 & 4 Sun 1 Mar 4-6pm

Celebrations Saturday 7 March
1pm & 3pm at Killara

Parish life is back up and running.....

SUNDAY MORNING TEA RESUMES:

1st Sundays after 9am Mass
&
2nd and 4th Sundays after
10:15am Children's Masses



PARISH BOOK CLUB
resumes in February on the
4th Wednesdays at 10:00am.



CHILDREN'S MASS &
CHILDREN'S CHOIR
resume on the 2nd and 4th
Sundays of the month at the
10:15am Mass.



'CHILDREN OF GOD' (COG')

our youth activity &
morning tea for primary
school aged children follows
the Children's Mass on the
2nd & 4th Sundays



MONTHLY PARISH POTLUCK DINNER

is back on the 3rd Sunday
evening of each month.



SCRIPTURE STUDY GROUPS

1st & 3rd Wednesdays at 11am
2nd & 4th Wednesdays at 7:30pm
resume in February



SENIOR'S SOCIAL GROUP

starts up again on Friday
20th February at 11:00am
(and on the 3rd Friday of
every month)



HEALING MASS AND MORNING TEA

is back on the 2nd Friday of
each month at 10am at
Killara, starting Friday 13th
February.



FIRST FRUITS OFFERING

What's this? Not another Appeal ?!

Well, it is an appeal of sorts - but not for anything today. 'First Fruits' is something that's happening in all our parishes to put before everyone three considerations:

- ★ with a reduction in attendance at Mass following CoVid our parish faces a continuing financial challenge to maintain our property and to support our ministries and mission
- ★ 'First Fruits' is an annual invitation across all our parishes in the diocese to consider 'PLANNED Giving': moving from reflecting on how important our Church, our parish, the mission of Jesus is, to considering a commitment to an *annual* amount of giving
- ★ if you are already giving in a planned way it's also an invitation to review the amount of that giving

The First Fruits "Appeal" (NOT a collection!) will take place over the next two weekends whereby there will be envelopes available which you can take home and return the next week which provide the opportunity to indicate a weekly, fortnightly, or monthly amount you would be happy to be charged to your credit card.



There are other options too: once you've decided on the annual amount you would like to gift to our parish and its work:



you can set up a regular contribution from your own bank account. The details of our 1st & 2nd collection accounts can be found on our website (www.lindfieldkillara.org.au) under 'Our Parish' → 'Parish Finances' (or on p.6).

or



if you'd like help setting up regular contributions either from your credit card or bank account just contact Karen at accounts@lindfieldkillara.org.au

or



you can just make your own internal commitment and use the tap machines to contribute (remember - the machines also allow you to enter any amount of your choice)

We thank all of you for your on-going and generous support of our parish. The heart of the First Fruits appeal is an invitation to reflect on how much we value our Church, our parish, and how much we can contribute to support it, to sustain it and to help it flourish.



Parish Retreat at Tarrawarra Abbey

**We still have one spot
available for this
parish retreat**

Details: arrive afternoon of Monday 13th April, depart lunchtime Sunday 19th April (this retreat falls within school holidays).

If you would like to take part please let me know (colin@lindfieldkillara.org.au) as soon as possible so that we can confirm our bookings. There are only 10 spaces available on each retreat. *Fr Colin*

For more information and background go to our parish website (www.lindfieldkillara.org.au) and then click on: Groups & Ministries → Adult Faith Development → Parish Retreats.

As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found. We also pay our respects to Elders past and present.

Food for the spirit....

He said to them, "Come after me, and I will make you fishers of people"

STRUGGLING WITH OUR OWN INADEQUACY

It is hard to measure up. In our lucid moments we admit this. Rarely is there a day when we could not echo these words by Anna Blaman:

I realised that it was simply impossible for a human being to be and remain good or pure. If, for instance, I wanted to be attentive in one direction, it could only be at the cost of neglecting another. If I gave my heart to one thing, it left another in the cold. No day and no hour go by without my being guilty of inadequacy. We never do enough, and what we do is never well enough done, except being inadequate, which we are good at because that is the way we are made. This is true of me and of everyone else.

Every day and every hour brings with it its weight of moral guilt, as regards my work and my relations with others. I am constantly catching myself out in my human failings and, in spite of their being implied in my human imperfection, I am conscious of a sort of check. And this means that my human shortcomings are also my human guilt. It sounds strange that we should be guilty where we can do nothing about it. But even where there is no set purpose, no deliberate intention, we have a conviction of our own shortcomings, and of consensual guilt, a guilt which shows itself all too clearly in the consequences of what we have done or left undone.

Henri Nouwen occasionally expressed similar feelings: There is a nagging sense that there are unfinished tasks, unfulfilled promises, unrealised proposals. There is always something else that we should have remembered, done, or said. There are always people we did not speak to, write to, or visit. Thus, although we are very busy, we also have a lingering feeling of never really fulfilling our obligations. A gnawing sense of being unfulfilled underlies our filled lives.

When we are in touch with ourselves, we can relate to these words, these expressions of inadequacy. At the end of the day, we cannot measure up and cannot fail to disappoint others and ourselves. Generally the fault is not that we are insincere or that we do not put out the effort. The fault is that we are human. We have limited resources, get tired, experience feelings we cannot control, have only 24 hours in our day, have too many demands on us, have wounds and weaknesses that shackle us, and thus know exactly what St. Paul meant when he said: Woe to me, wretch that I am, the good I want to do, I cannot do; and the evil I want to avoid, I end up doing!

That may sound negative, neurotic, and stoic, and it can be those things, but, appropriated properly, it can generate hope and renewed energy in our lives. To be human is to be inadequate, by definition. Only God is adequate and the rest of us can safely say to ourselves: Fear not you are inadequate! But a God who made us this way surely gives us the slack, the forgiveness, and the grace we need to work with this. Personally, I take consolation from the gospel parable of the ten bridesmaids who, while waiting for the bridegroom, all fell asleep, wise and the foolish alike. Even the wise were too human and too weak to stay awake the whole time. Nobody does it perfectly and, accepting this, our congenital inadequacy, can bring us to a healthy humility and perhaps even to a healthy humour about it.

But it should bring us to something more: prayer, especially the Eucharist.

The Eucharist is, among other things, a vigil of waiting. When Jesus instituted the Eucharist he told the disciples to keep celebrating it until he returned again. A biblical scholar, Gerhard Lofink, puts it this way:

The early apostolic communities cannot be understood outside of the matrix of intense expectation. They were communities imminently awaiting Christ's return. They gathered in Eucharist, among other reasons, to foster and sustain this awareness, namely, that they were living in wait, waiting for Christ to return.

I try to celebrate Eucharist every day. I do this because I am a priest and part of the covenant a priest makes with the church at his ordination is to pray the priestly prayer of Jesus, the Eucharist and the Liturgy of the Hours, regularly for the world. But I do it too, more personally, for another reason:

The older I get, the less confident, in some ways, I am becoming. I don't always know whether I'm following Christ properly or even know exactly what it means to follow Christ, and so I stake my faith on an invitation that Jesus left us on the night before he died: To break bread and drink wine in his memory and to trust that this, if all else is uncertain, is what we should be doing while we wait for him to return.

Fr Ron Rolheiser omi (from the Centre for Liturgy, University of St Louis)

Did you know?



Monday Coffee Club meets immediately after the parish Mass at Killara on Mondays at 153 Moore Avenue Coffee, 20-22 Moore Ave, West Lindfield.

Hymns for the Third Sunday in Ordinary Time

ENTRANCE: CHRIST, BE OUR LIGHT

Longing for light, we wait in darkness.
Longing for truth, we turn to you.
Make us your own, your holy people,
light for the world to see.

Refrain: Christ, be our light!
Shine in our hearts. Shine through the darkness.
Christ be our light!
Shine in your Church gathered today.

Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has pow'r to save us.
Make us your living voice. **R**

Longing for food, many are hungry.
Longing for water, many still thirst.
Make us your bread, broken for others,
shared until all are fed. **R**

Many the gifts, many the people,
many the hearts that yearn to belong.
Let us be servants to one another,
making your kingdom come. **R**

*Bernadette Farrell ©1993, OCP.**

DEDICATION OF THE GIFTS: ONE BREAD, ONE BODY

Refrain : One bread, one body,
one Lord of all,
one cup of blessing which we bless.
And we, though many,
throughout the earth,
we are one body in this one Lord.

Gentile or Jew,
servant or free,
woman or man, no more. **R**

Many the gifts,
many the works,
one in the Lord of all. **R**

Grain for the fields,
scattered and grown,
gathered to one, for all. **R**

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*John Foley ©1978, OCP.**

COMMUNION: LOVE IS HIS WORD

Love is His word, Love is His way,
Feasting with all, fasting alone,
Living and dying, rising again
Love only love is His way.

Refrain: Richer than gold is the love of my Lord.
Better than splendour and wealth.

Love is His way, love is His mark,
Sharing His last Passover feast.
Christ at the table, host to the twelve,
Love, only love, is His mark.

Love is his mark, love is His sign,
Bread for our strength, wine for our joy,
This is my body, this is my blood
Love, only love is His sign.

Love is His law, Love is His word,
Love of the Lord, Father, and Word,
Love of the Spirit, God ever one,
Love, only love, is His word.

*Text: L. Connaughton ©1970, McCrimmon Publishing; Tune: A. Milner ©1997,
World Library Publications***

RECESSIONAL: GO TELL EVERYONE

God's spirit is in my heart
God has called me and set me apart
This is what I have to do
What I have to do.

Refrain: God sent me to give the Good News to the
poor,
Tell prisoners that they are prisoners no more,
Tell blind people that they can see,
And set the downtrodden free.
And go tell everyone the news that Kingdom of God
has come,
And go tell everyone the news that God's Kingdom has
come.

Just as the Father sent me,
So I'm sending you out to be
My witnesses throughout the world,
The whole of the world.

Don't worry what you have to say,
Don't worry because on that day
God's Spirit will speak in your heart,
Will speak in your heart.

*A. Dale, H.J. Richards ©1982, Kevin Mayhew***

The Eucharist - our doorway into the Trinity

*Through Him, and with Him, and in Him,
O God almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours
for ever and ever.*

Our faith in God as Trinity is not simply 'a mystery that cannot be explained' and which therefore has no relevance to our lives. A mystery is ultimately something to be lived rather than explained and our baptism calls us to live the life of God who is Trinity.

The above prayer reminds us that every Eucharist draws us into the dynamic inner life of the God we love: the Father who speaks his love into our lives in the Word made flesh in Jesus; the Holy Spirit who draws us into a communion of life with the Father and the Son, and in so doing, draws us into a communion of life with one other.

Our **being** the Church, our **being** the Christian community, our **being** in communion with one another, our opening of our lives to more than just ourself, our family or our group is the way that we live that communion of life and love – it's the way we can live in the image of the Trinity here in this life right now.

Our belief in Trinity says that they very being of God is communion. And we're called to live in the image and likeness of the God who created us. *Fr Colin*

The Prayers and Responses of Mass

THE GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.

THE PSALM

PS 26:1, 4, 13-14

The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
Before whom shall I shrink?

There is one thing I ask of the Lord,
for this I long,
to live in the house of the Lord,
all the days of my life,
to savour the sweetness of the Lord,
to behold God's temple.

I am sure I shall see the Lord's goodness
in the land of the living.
Hope in God, hold firm and take heart.
Hope in the Lord!

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

*(all bow at the following
words in bold):*

**and by the Holy Spirit was
incarnate of the Virgin Mary,
and became man.**

for our sake he was crucified
under Pontius Pilate,
he suffered death & was buried,
and rose again on the third day
in accordance with the Scriptures

He ascended into heaven
and is seated at the right hand of
the Father.

He will come again in glory
to judge the living & the dead
& his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds
from the Father and the Son,
who,
with the Father and the Son,
is adored and glorified,
who has spoken
through the prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come.
Amen

GOSPEL ACCLAMATION

Alleluia, alleluia! Jesus preached the Good News of the kingdom
and healed all who were sick.
. Alleluia!

MEMORIAL ACCLAMATION

Save us, Saviour of the world, for by your Cross and Resurrection
you have set us free.

FR RICHARD ROHR OFM'S MEDITATION: BIASES AT WORK WITHIN ALL OF US

Brian McLaren has identified sixteen biases that prevent us from seeing things in their complexity and with greater clarity:

People can't see what they can't see. Their biases get in the way, surrounding them like a high wall, trapping them in ignorance, deception, and illusion. No amount of reasoning & argument will get through to them, unless we first learn how to break down the walls of bias. So what are the specific kinds of bias we need to address, in others, yes, but also in ourselves?

Confirmation Bias: We judge new ideas based on the ease with which they fit in with & confirm the only standard we have: old ideas, old information, trusted authorities. As a result, our framing story, belief system, or paradigm excludes whatever doesn't fit.

Complexity Bias: Our brains prefer a simple falsehood to a complex truth.

Community Bias: It's almost impossible to see what our community doesn't, can't, or won't see.

Complementarity Bias: If you are hostile to my ideas, I'll be hostile to yours. If you are curious and respectful toward my ideas, I am more likely to respond in kind.

Competency Bias: We don't know how much (or little) we know because we don't know how much (or little) others know. In other words, incompetent people assume that most other people are about as incompetent as they are. As a result, they underestimate their own incompetence and consider themselves at least of average competence.

Consciousness Bias: Some things simply can't be seen

from where I am right now. But if I keep growing, maturing, and developing, someday I will be able to see what is now inaccessible to me.

Comfort or Complacency Bias: I prefer not to have my comfort disturbed.

Conservative/Liberal Bias: I lean toward nurturing fairness and kindness, or towards strictly enforcing purity, loyalty, liberty, and authority, as an expression of my political identity.

Confidence Bias: I am attracted to confidence, even if it is false, preferring the bold lie to the hesitant truth.

Catastrophe Bias: I remember dramatic catastrophes but don't notice gradual decline (or improvement).

Contact Bias: When I don't have intense and sustained personal contact with "the other," my prejudices and false assumptions go unchallenged.

Cash Bias: It's hard for me to see something when my way of making a living requires me not to see it.

Conspiracy Bias: Under stress or shame, our brains are attracted to stories that relieve us, exonerate us, or portray us as innocent victims of malicious conspirators.

Constancy/Baseline Bias: Early in life, our brains set a baseline of normalcy based on what we constantly experience day to day. What our brains determine as normal or constant becomes acceptable to us. Later in our life, our baselines may be reset when a new normal becomes our constant experience. [This is the flipside of Catastrophe Bias.]
(continued and concluded on page 7)

Killara Church
5:30pm Vigil
9.00am*

Lindfield Church
8.30am 10.15am**
12noon Chinese Mass
6:00pm Youth Mass***

* Morning Tea follows 9am Mass at Killara on the 1st Sunday.
** 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, and is followed by morning tea).
*** Parish Pot Luck dinner follows 6pm Mass on the 3rd Sunday.

Weekday Mass this week
Mon. **10am** Killara (Australia Day)
Tues. 8am Killara
Wed. 10am Lindfield (St Thomas Aquinas)
Thur. 10am Lindfield
Fri. 10am Lindfield

The Ordinariate of Our Lady of the Southern Cross
(gathering in our church at Killara):

Mass Wednesday 6pm (preceded by Exposition from 5pm)
Thursday 9am Friday 9am Sunday 12 noon
Evensong 4th Sunday of the month 4pm

Sunday Mass Roster

SATURDAY Killara 5:30PM	24 JAN. Fr Colin	31 JAN. Fr Colin
SUNDAY Lindfield 8:30AM Killara 9:00AM Lindfield 10:15AM Lindfield 12:00PM Lindfield 6:00PM	25 JAN. Fr Colin Fr Stephen Fr Colin Fr A.Capirayan Fr Frez	1 FEB. Fr Stephen Fr David Orr Fr Stephen Fr A.Capirayan Fr Colin

How to contact us

Fr Colin Blayney PP VF, Parish Priest
0475 558 500 colin@lindfieldkillara.org.au

Parish Office Hours: Tue-Fri. - 9.30am - 4pm

Postal address: PO Box 22, Lindfield NSW 2070

P: 9416 3702 **E:** parishoffice@lindfieldkillara.org.au

Parish Website: www.lindfieldkillara.org.au

Fr Stephen Hill, Priest-in-residence
(voice only) 0474 303 261 fr.stephen@me.com

For all of our staff click on 'Our Parish' on the website.

Holy Family School: 4 Highfield Rd, Lindfield
E info@holyfamily.nsw.edu.au Ph.7256 2141

Ways that you can support our parish

1. Direct debit contributions from your bank A/C:

1st Collection:

(providing for the priests of the parish & retired & sick clergy):

BSB 062 784 Ac 10000 1624

2nd Collection:

(providing for all the operating costs of the parish):

BSB 062 784 Ac 10000 1623

2. Credit card: Scan the code & then select each of our two collections

3. Periodic payments from your credit card:
Just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

4. The Tap Machines are available in our two churches.



FEBRUARY

Sun 1st	Morning Tea following 9am Mass at Killara
Tues. 3rd	7:30pm Parish Pastoral Council
Wed. 4th	11:00am Scripture study (online) 7:30pm Finance Committee (online)
Sun. 8th	10.15am Children's Mass followed by morn. tea
Tues. 10th	7:00pm First Reconciliation Parent Meeting
Wed. 11th	7:30pm Scripture study (online)
Fri 13th	10:00am Healing Mass at Killara
Sun 15th	Potluck dinner following 6pm Mass
Wed. 18th	ASH WEDNESDAY
Fri 20th	11:00am Seniors' Social Group
Sun 22nd	10.15am Children's Mass followed by morn.tea
Wed 25th	10am Book Club

THE SACRAMENT OF RECONCILIATION
Saturdays 5:00-5:15pm at Killara

Our Chinese Catholic Community

常年期第三主日 (天主聖言主日) 25.1.2026
中文主日彌撒正午12時

讀經一 (外方人的加里肋亞看見了一道曙光。)

恭讀依撒意亞先知書 8:23-9:3

昔日, 上主曾使則步隆和納斐塔里地, 受了侮辱, 但日後卻使沿海之路, 約但東岸, 外方人的加里肋亞, 獲得了光榮。

在黑暗中行走的百姓, 看見了一道曙光; 那寄居於漆黑之地的人, 已有光輝照射在他們身上。你加強了他們的快樂, 增加了他們的喜悅; 他們在你面前歡樂, 有如人收割時的歡樂, 又如分贖時的愉快; 因為, 你斬斷了他們所負的重軛, 和他們肩上的橫木, 以及壓迫他們者的短棍, 有如在米德楊那天一樣。——上主的話。

答唱詠 詠27:1, 4, 13-14

【答】: 上主是我的光明, 我的救援。 (詠 27:1)

領: 上主是我的光明, 我的救援, 我還畏懼何人? 上主是我生命穩固的保障, 我還害怕何人?

【答】

領: 我有一事祈求上主, 我要懇切請求此事: 使我一生的歲月, 常居住在上主的殿裡, 欣賞上主的甘飴慈祥, 瞻仰上主聖所的堂皇。【答】

領: 我深信在此活人地處, 定會享見上主的幸福。你要鼓起勇氣, 期望上主! 你要振作精神, 期望上主! 【答】

讀經二 (我們要言談一致, 不要有分裂。)

恭讀聖保祿宗徒致格林多人前書 1:10-13,17

弟兄姊妹們:

我因我們的主耶穌基督之名, 請求你們眾人言談一致; 在你們中不要有分裂, 但要同心合意, 精誠團結。

因為, 我的弟兄們, 我由黑羅厄的家人, 聽說你們中發生了紛爭。我的意思是說, 你們各自聲稱: 我是屬保祿的, 我是屬阿頗羅的, 我是屬刻法的, 我是屬基督的。

基督被分裂了嗎? 難道保祿為你們被釘死在十字架上嗎? 或者你們受洗, 是歸於保祿名下嗎?

原來基督派遣我, 不是為施洗, 而是為宣傳福音, 且不用巧妙的言辭, 免得基督的十字架失去效力。——上主的話。

福音前歡呼

領: 耶穌宣講天國的福音, 治好民間各種疾病。 (參閱瑪4:23)

福音 (為應驗依撒意亞先知所說的話, 耶穌來到了葛法翁。)

恭讀聖瑪竇福音 4:12-23

耶穌聽到若翰被監禁以後, 就退避到加里肋亞; 後來, 又離開納匝肋, 住在海邊的葛法翁, 即在則步隆和納斐塔里地境內。這應驗了依撒意亞先知所說的話:

「則步隆與納斐塔里地, 通海大路, 約但河東, 外方人的加里肋亞, 那坐在黑暗中的百姓, 看見了曙光; 那坐在死亡陰影之地的人, 已有光明為他們升起。」

從那時起, 耶穌開始宣講說: 「你們悔改吧! 因為天國臨近了。」耶穌沿加里肋亞海行走時, 看見了兩個兄弟: 稱為伯多祿的西滿, 和他的兄弟安德肋, 在海裡撒網; 他們原是漁夫。耶穌就對他們說: 「來, 跟隨我! 我要使你們成為漁人的漁夫。」他們立刻捨下網, 跟隨了耶穌。

耶穌從那裡再往前走, 看見了另外兩個兄弟: 載伯德的兒子雅各伯和他的弟弟若望, 在船上, 同他們的父親載伯德, 修理他們的網, 就召叫了他們。他們也立刻捨下漁船, 及自己的父親, 跟隨了耶穌。

耶穌走遍了全加里肋亞, 在他們的會堂施教, 宣講天國的福音, 治好民間各種疾病、各種災殃。——上主的話。

彌撒後.請各教友參加午餐聚會

Sunday School主日學 12:00 (中英雙語)

***牧職修女司徒金美修女 0419-426899

***北區中心聯絡 Gloria Cheung 0416-118089

Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:

Recently deceased: Daniel Hodgson, Barry Haraldson, Sister Marie Westblade, Margaret O'Rourke, Janice Swanson, Marilyn O'Neill, Mary Moran, Julie Moloney, Maria Casella, John Pera, Dennis Tonitto.

Anniversary: Margaret Rowland, Margaret Murdoch, Daniella Schulze, Chris Williams, So Gay Chan, Patricia and Henry Murray, Peter Cahill, Marie Gibbons, Jan Grass, Grace Jessup, Evelyn Newman.

Please pray for those who are sick: Annette Leong, Diana Rosewell, Genevieve Larkin, Elvira Rodriguez, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Ali Crawford, William Wise, Janette Brennan, Barbara and John McMullen.

FR RICHARD ROHR OFM'S MEDITATION: (continued from page 5....)

Certainty/Closure Bias: Our brains find it difficult to rest when we feel uncertainty, so we would often rather reach for premature closure on an unwarranted certainty than live with appropriate uncertainty. We may even prefer a pessimistic certainty to a potentially optimistic uncertainty.

Cleverness Bias: Our brains are vigilant to protect us against deceptions, and this vigilance against deception can make us so habitually skeptical that we become cynical, rejecting all good or encouraging information as naïve. In protecting ourselves from danger, we can unintentionally insulate ourselves from positive possibilities.

NEW SEMINARIANS BEGIN FORMATION



Three young men from our Diocese, Nicholas Gomez (Cathedral Parish), Joseph Nicholls (Gosford Parish), and Bryce Gonlin (Chatswood Parish), will begin formation at the Seminary of the Good Shepherd in the next few weeks.

Lucas Lopez Rizo will also begin formation for the priesthood this year while remaining resident at Joseph House.

Please keep them in your prayers as they enter the Seminary and begin their formation this weekend.

Are you ready?

Don't let it take you by surprise!

This year the Season of Lent begins very early (Ash Wednesday is the 18th February!).

Don't forget to begin pondering how to make this coming season of renewal an enriching one for yourself.

One way is to join a group meeting to reflect on the Lenten Sunday Gospels via the Diocesan Lenten Programme.

To help us prepare please put your name on the sheet in the church foyers, indicating preference for daytime or evening group, in-person or online group.

Killara Morning Tea

on the 1st Sunday of each month

after 9:00am Mass:

that's next Sunday 1st February!



Announcements : Lindara Markets

2026 Market Dates for your calendar: 21 March, 18 July & 21 November.

Pricing and Sorting sessions will be held one block up the highway in the Lindfield Uniting Church undercroft hall 12-3pm from Friday 27th Feb and continue every Friday until the market on Saturday 21st March.

A morning tea shift on Saturday 21 March

Extra Lindara Market volunteers are always needed to replace those who become unwell, will be away, or who retire – please help us by mentioning this good cause to friends, neighbours, relatives. **One current need is an extra person to help on a morning tea shift at the next market.**

Email your contact details to Jane at lindfielduca@gmail.com or call Noella Allerding on 9498 8105 to express interest in helping out or let Catherine Willis at catherinecwillis@gmail.com from Holy Family know that you can help.



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Youth News



Children's Liturgy of the Word

We would like to offer Children's Liturgy of the Word (CLOW) starting in mid-February or March this year.

CLOW will run at the 10.15am Mass on Sundays that *don't have a Children's Mass*, i.e. on the 1st, 3rd and when applicable, the 5th Sunday of the month. All primary school children are invited to attend.

Unfortunately this program can only be run with the help of volunteers, so **we are currently looking for helpers to assist in delivering the Liturgy of the Word to the children.** No experience needed! We are happy to provide training.

**Please sign up here
if you are interested in
helping with this
important ministry.**



New Year... New & Current Sunday mornings Activities

NEW Children's Liturgy of the Word



On the 1st, 3rd and 5th when occurring, children are invited to a special liturgy (down in the COG room) that takes place for around 20 minutes during the regular Mass. Here they'll hear God's word in a more child-friendly way and grow closer to God and each other.

Children Masses continues

During the Children's Mass on the 2nd & 4th Sunday, your child can participate in the choir, as a reader, welcomer and/or altar server in this Mass oriented towards young families. After Mass, there's a morning tea for all.



MORE Family activities after Mass



Church is AWESOME! All families are invited to join in the fun activities and child friendly activities for them following a handful Children Masses through out the year.

Youth Mass & Potluck continues

Our Youth Mass is for everyone (young and older) and features modern hymns sung by our youth choir. Youth (and the young at heart!) are encouraged to participate in all Mass ministries. On the third Sunday of the month, we have a Potluck Supper following Mass for everyone.



Antioch Weekend 2026

Dates: Saturday 7th and Sunday 8th
February 2026

Times: Saturday 9:00 am - 10:00
pm

Sunday 10:00 am - 9:00 pm
Place: St Gerard's Church
grounds, 543 North Rocks Rd,
Carlingford

Cost: \$50

Early bird: \$40 (15th January
2026)

Age: Year 10 - 23 years old



SCAN for tickets!

**THE CATHOLIC PARISH OF EPPING-CARLINGFORD
INVITES YOU...**

"I planted the seed, Apollos watered it, but God has been making it grow."
1 Corinthians 3:6



Enjoy a weekend with friends, talks, music, food, and prayer!
See you there!

For more information please contact:
Youth Minister: Holly - 0404 710 588